



Ontario's Premier Fundraising Program

Centre-of-the-Plate Specialists

**Participant Package
SPRING & SUMMER 2018**

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FEATURED PRODUCTS

Fully Cooked Grilled Chicken Strips >>



Fully Cooked Grilled Chicken Strips

Code: 77152 **Price:** \$60.00 **Portion:** 4x750gr

These are sure to become your new "go-to". From easy skillet meals, pasta's, taco-nights... you will love how simple and delicious these are – and we've even included a great siracha sauce if you want to kick it up!

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100g	110	1.5 g	0.4 g	0 g	50 mg	430 mg	2 g	20 g

Fully Cooked Grilled Chicken Skewers

Code: 77122 **Price:** \$65.00 **Portion:** 30 / box

Backyard grilling just got a whole lot easier and tastier! Marinated, then grilled and fully cooked, these skewers are the real deal and a summer essential! Try them with the BBQ sauce we've included.

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
76 g	90	1.5 g	0.3 g	0 g	40 mg	280 mg	2 g	15 g

<< Fully Cooked Grilled Chicken Skewers



Bacon Wrapped Jail Island® Salmon

Code: 88602 **Price:** \$50.00 **Portion:** 10x5oz

Everything's better with bacon! We've taken our Jail Island® salmon to the next level with this delicious combination. Don't say we didn't warn you!

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
140 g	290	20 g	6 g	0.1 g	80 mg	170 mg	0 g	29 g

Bacon Wrapped Jail Island® Salmon >>



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FEATURED PRODUCT



AA Ribeye Steak

Code: 12272 **Price:** \$100.00 **Portion:** 8x12oz

Calling all steak lovers!

Introducing our 12oz AA Ribeye Steak. Its not just big in size, but also flavor. Well marbled and aged to perfection, this steak is sure to leave a good taste in your mouth.

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100g	238	17.05 g	7.05 g	0.59 g	54.4 mg	52.9 mg	0 g	20 g

New Staple Item

Fully Cooked Grilled Chicken Wings

Code: 77142 **Price:** \$64.00 **Portion:** random

Out with the breaded and in with the grilled! You'll only miss our old wings until the moment you bite into one of these. Amazing on their own, or tossed in your favorite wing sauce – and hey, we've even included a great BBQ sauce of our own to try!



Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100g	200	13 g	3.5 g	0 g	65 mg	540 mg	4 g	18 g

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PRODUCT INFORMATION



Steakhouse Burger
Product Code: 46342

Price: \$50.00
Portion: 40 x 113 g or 40 x 4oz
Box Wt.: 4.08kg or 9.00lbs

Old fashioned beef burgers the way you like them: extra juicy with an out-of-this-world taste.

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100 g	280	20 g	8 g	0.2 g	75 mg	340 mg	3 g	22 g



Steakhouse Burger
Product Code: 40002

Price: \$47.00
Portion: 24 x 170g or 24 x 6oz
Box Wt.: 4.08kg or 9.00lbs

Old fashioned beef burgers the way you like them: extra juicy with an out-of-this-world taste.

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100 g	280	20 g	8 g	0.2 g	75 mg	340 mg	3 g	22 g



AA Striploin Steak
Product Code: 13792

Price: \$97.00
Portion: 12 x 285g or 12 x 10oz
Box Wt.: 3.42kg or 7.54lbs



The King of steaks, the NY Style Striploin is a classic for a reason. Tender, moist and it delivers a steakhouse experience every time.

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100 g	210	9 g	3.5 g	0.8 g	70 mg	55 mg	0 g	28 g



B/W Tenderloin Steak
Product Code: 14962

Price: \$70.00
Portion: 20 x 113g or 20 x 4oz
Box Wt.: 2.26kg or 4.98lbs

The most tender of all steaks, these tenderloins or filet mignon will melt in your mouth. Wrapped in smoky bacon for an additional flavour boost.

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100 g	150	6 g	2g	0 g	60mg	110 mg	0 g	22 g



Certified Angus Beef® Striploin Steak

Product Code: 14412
Price: \$115.00
Portion: 12 x 285g or 12 x 10oz
Box Wt.: 3.42kg or 7.54lbs



Beautifully marbled and aged for a minimum of 28 days, ensuring a tender, succulent, flavourful steak.

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100 g	210	9 g	3.5g	0.8 g	70 mg	55 mg	0 g	28 g



Certified Angus Beef® Top Sirloin Steak

Product Code: 14662
Price: \$75.00
Portion: 16 x 170g or 16 x 6oz
Box Wt.: 2.67kg or 6.00lbs



Thick and juicy, these top sirloin steaks give you that 'baseball' steak experience. For best results should be served medium.

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100 g	340	5 g	2g	0.2 g	55mg	55 mg	0 g	21 g



Italian Cooked Meatballs
Product Code: 90072

Price: \$42.00
Portion: 450 x 0.35oz
Box Wt.: 4.5kg or 9.0lbs

A crowd pleaser at any party, complimented in your favourite sauce or as a wonderful addition to spaghetti! One of our top sellers!

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100 g	270	22.5 g	9.0g	0 g	60mg	600 mg	4 g	14 g

PRODUCT INFORMATION



Breaded Chicken Fingers

Product Code: 71025

Price: \$58.00

Portion: Random

Box Wt.: 4kg or 8.8lbs

These are the same chicken fingers you get in restaurants – now enjoy them at home! This spectacular product is also trans fat free.

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100 g	200	9 g	1.5 g	0 g	20 mg	540 mg	21 g	11 g



IVP Just Chicken Breast

Product Code: 77162

Price: \$85.00

Portion: 6-8 oz

Box Wt.: 4kg or 8.8lbs

Simple. Real. Natural Boneless Skinless Chicken Breast.

Nothing Added, nothing taken away. Conveniently individually vacuum packed for the very best quality chicken from your freezer.

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100 g	110	1 g	0.3 g	0 g	60 mg	40 mg	0 g	23 g



Centre-Cut ¾" Pork Chops

Product Code: 61992

Price: \$53.00

Portion: 23 x 200g or 23 x 7oz

Box Wt.: 4.54-4.75kg or 10-10.5lbs

Chophouse style, thick cut premium pork chops made for the grill. A very versatile meat, great with BBQ sauce, seasoning, even sweet onion and apples.

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100 g	210	9 g	3.5 g	0.8 g	70 mg	55 mg	0 g	28 g



Butterfly Garlic Shrimp 16/20

Product Code: 81272

Price: \$33.00

Box Wt.: 0.91kg or 2.0lbs

Black Tiger Shrimp/Prawns are butterflied and seasoned with herb and garlic.

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
125 g	60	0.5 g	0.1 g	0 g	115 mg	710 mg	2 g	12 g



Atlantic Salmon Portions

Product Code: 88661

Price: \$92.00

Portion: 20 x 140g or 20 x 5oz

Box Wt.: 2.80kg or 6.18lbs

Farmed in the Bay of Fundy, Jail Island Salmon has become synonymous with 'melt in your mouth' – fabulous grilled, baked or broiled.

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100 g	220	15 g	3.5g	0.3 g	55mg	40 mg	0 g	21 g



Vendor Sausage

Product Code: 95812

Price: \$52.00

Portion: 28x 140g or 28 x 5oz

Box Wt.: 4.5kg or 9.92lbs

Not available at your local grocery store. These are the real deal- Debreizeni Sausage, naturally hardwood smoked and prepared with a wonderful balance of garlic and spices.

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100 g	260	22 g	8 g	0.2 g	60 mg	810 mg	1 g	15 g



****NEW**

Fully Ckd Grilled Chicken Wings

Product Code: 77142

Price: \$64.00

Box Wt.: 2 x 3 lbs

Out with the breaded and in with the grilled! You'll only miss our old wings until the moment you bite into one of these. Amazing on their own, or tossed in your favorite wing sauce- and hey, we've even included a great BBQ sauce of our own to try!

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100g	200	13 g	3.5 g	0 g	65 mg	540 mg	4 g	18 g

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PRODUCT INFORMATION



Slow Ckd Beef Pot Roast
Product Code: 92042
 Price: \$80.00
 Portion: 5 x 900 or 5 x 31.75oz
 Box Wt.: 4.50kg or 9.92lbs

Fresh, great tasting, healthy entrées ready in just 10 minutes! Our chefs have carefully selected and hand seasoned the best cuts of meat to prepare an entrée that you will be proud to serve your family and guests

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100 g	200	9 g	1.5 g	0 g	20 mg	540 mg	21 g	11 g



Smkd/Ckd Pork Back Ribs in BBQ sauce
Product Code: 92862
 Price: \$55.00
 Portion: : 6 x 595g or 6 x 21oz
 Box Wt.: 3.57kg or 7.87lbs

Smoked and slow cooked pork back ribs...real smoke, real slow, real good!

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100 g	290	19 g	7 g	0 g	75 mg	300 mg	13 g	16 g



All Beef Jumbo Hot Dogs
Product Code: 64222
 Price: \$35.00
 Portion: 30 x 90g
 Box Wt.: 6.1 lbs

Serve up juicy, great tasting, all beef hot dogs, just like at the ball park!

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100 g	150	11 g	3 g	0 g	30 mg	760 mg	2 g	10 g



Sliced Peameal Bacon
Product Code: 60062
 Price: \$45.00
 Portion : 6x 500g
 Box wt: 3 kg / 6.61lbs

This Peameal Bacon is made from hand trimmed, fresh, never frozen Canadian pork loins. In addition to being certified Gluten Free, it also features the lowest sodium, fat, cholesterol and the highest protein out of all other peameal in the market place.

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100g	100	1.5g	0 g	0 g	5 mg	650 mg	4g	18 g



Just Chicken Thigh
Product Code: 77132
 Price: \$82.00
 Portion: 2 thighs per package
 Box Wt.:.4 kg or 8.8 lbs

Moist, succulent & flavorful this skinless thigh meat is well suited to a number of cooking applications; marinated, grilled, stewed or roasted. Our thigh meat is 100% additive free-no added water or salt. Vacuum sealed 2 thighs per package for your convenience.

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100 g	140	8 g	2.5 g	0.1 g	90 mg	70 mg	0 g	19 g



Lightly Breaded Wild Cod Fillets
Product Code: 89982
 Price: \$ 71.00
 Portion : 50-60pc x 80g
 Box wt: 8.8lbs

We have taken our truly amazing formula for our famous chicken "fingers" that you know and love, and created simply "the best" oven ready crispy fish filet. We have made it super easy to make fish a part of your weekly diet!

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100g	210	4g	0.5g	0 g	20mg	400mg	31g	12g



Honey Garlic Top Sirloin
Product Code: 14242
 Price: \$ 50.00
 Portion : 4 x 2 x 255g
 Box wt: 2.04kg

We've taken our legendary Top Sirloin steak, and added a wickedly crave-able bold Honey Garlic marinade. The combination of thick sweet honey, confident garlic and grilled sirloin should almost be illegal.

Serving	Cal	Fat	Sat. Fat	Trans	Chol	Sodium	Carb	Protein
100g	153	5.8 g	2.35 g	0.2 g	43 mg	390 mg	5.5 g	19.2 g

INGREDIENTS

46342 – Steakhouse Style Beef Burger – 4oz

Beef, water, toasted wheat crumbs, salt, soy protein, spices & spice extracts, onion, sugar, garlic, flavor, canola oil.

Contains: Soy, Wheat & Mustard.

40002 – Steakhouse Style Beef Burger – 6oz

Beef, water, toasted wheat crumbs, salt, soy protein, spices & spice extracts, onion, sugar, garlic, flavor, canola oil.

Contains: Soy, Wheat & Mustard.

90072 – Cooked Beef Meatballs Italian Style

Beef, water, toasted wheat crumbs, soy protein, salt, sugar, spices, onion powder, garlic powder.

Contains: Wheat, Soy

71025 – Chicken Fingers

Chicken breast fillets, water, salt, sodium phosphate, seasoning (salt, spice extract, polysorbate, tricalcium phosphate) in the breading (toasted wheat crumbs with spices, wheat flour, spices, dextrose, garlic powder, modified corn starch, yellow corn flour, baking powder, vegetable oil, shortening (soy and cotton seed) defatted soy flour, milk ingredients, dried egg, white powder, guar gum, browned in soybean and canola oil).

Contains: Wheat, Soy, Milk, and Egg

81272 – Butterfly Garlic Shrimp

shrimp, water, garlic, maltodextrin, modified corn starch, natural lemon flavor, salt, sugar, spices, xanthan gum, corn syrup, yeast extract, silicon dioxide, citric acid, sodium tripolyphosphate (for moisture retention)

Contains: Shrimp

95812 – Vendor Sausage

Pork, water, salt, garlic, sodium phosphate, spice, onion, sodium erythorbate, sodium nitrite, smoke

71032 – Chicken Wings

Chicken, toasted wheat crumbs, wheat gluten, salt, baking powder, garlic salt, wheat flour, spice.

Contains: Wheat, Refined Soy oil

INGREDIENTS

92042 – Cooked Beef Pot Roast

Boneless beef blade roast, water, beef juices, dextrose, salt, modified corn starch, hydrolyzed corn, soy and wheat proteins, spices and spice extracts, caramel colour, beef flavor (hydrolyzed whey and wheat protein), hydrogenated soybean and canola oils, onion, garlic, sugar, parsley, modified milk ingredients, xanthan gum, silicon dioxide.

Contains: Milk, Soy, Wheat

92862 – Smoked Pork Back Ribs in BBQ Sauce

Pork, sugar/glucose-fructose, tomato paste, cayenne pepper sauce (cayenne red peppers, vinegar, water, salt, garlic powder), vinegar, modified corn starch, water concentrated pineapple juice, spice extracts (contains mustard), salt, refiners' molasses, natural smoke flavour, caramel colour, tamarind, sodium benzoate, garlic powder, onion powder, smoke.

Contains: Soy

64222 – Hot Dogs



Beef, water, salt, potato starch, sugar, spices, sodium erythorbate, sodium nitrite, garlic, smoke. Gluten Free!

60062--- Peameal Bacon

Pork, water, cornmeal, salt, sugar, sodium phosphate, sodium ascorbate, sodium bicarbonate, sodium nitrite, polysorbate 80, spice.

Contains: Cornmeal

89982--- Lightly Breaded Wild Cod Fillets

Cod fillets, water, toasted wheat crumbs with spices, wheat flour, modified corn starch, yellow corn flour, baking powder, modified palm oil, defatted soy flour, salt, garlic powder, onion powder, spices, dextrose, guar gum. Browned in canola oil.

Contains: Wheat, Soy, Fish

14242--- Honey Garlic Beef Top Sirloin

Beef, Water, Fructose, Honey Powder (maltodextrin), brown sugar, modified corn starch, salt, sodium phosphate, garlic powder, caramel, spices, onion powder, silicon dioxide, polysorbate 80, sunflower oil.

All products listed are items with ingredients